



Personal Grooming One for the Woman



Enquire now and register your interest for this unique work shop.

Class size is limited to ensure person centred learning.

One for the woman is a group where we get to interact with other woman and share ideas. Learn some new skills and tips around personal care and hygiene, play around with makeup, nail polish and accessories.

We also discuss and learn about the importance of women's health and wellbeing.

A very fun, interactive and informative workshop

When : TBA
Where : TBA
Time : Day and evening sessions
: 2 hrs x 10 week program
Cost : in line with NDIS
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