



Personal Grooming One for the Men



Enquire now and register your interest for this unique work shop.

Class size is limited to ensure person centred learning.

One for the men is a group where men get to interact with other men and share ideas. Learn some new skills and tips around personal care and hygiene, dress sense and accessories.

We also discuss and learn about the importance of men's health and wellbeing.

A very fun, interactive and informative workshop

When : TBA
Where : TBA
Time : Day and evening sessions
: 2 hrs x 2 week program
Cost : in line with NDIS
Contact : Cathy Ryan
0414784507

Email: Empoweringfutures1@gmail.com or Cathyr@empoweringfutures.com.au